



Your Healthy Choices Just Got More Rewarding

Wellness Rewards—formerly the Health & Wholeness Credit—celebrates your commitment to living well with exclusive savings.

Here's How It Works

1 Make healthy choices

Think gym memberships, DPC visits, acupuncture, massage therapy, and more.

2 Submit your receipts

Upload receipts through the billing tool in your Member Center.

3 Get rewarded

Eligible members can reduce their annual PRA by up to \$150/month, per household.

What counts as eligible expenses?

Wellness Rewards is available to all active Impact members—except those on the Senior program—and is designed to celebrate your intentional investments in health and wellness.

You can **lower your annual Primary Responsibility Amount (PRA) by up to \$150/month, per household** simply by submitting receipts for a wide range of health, wellness, and fitness products and services, including:

- ☒ Gym memberships or fitness classes
- ☒ Fitness subscriptions (such as Peloton, wall pilates, or similar apps)
- ☒ Direct Primary Care (DPC) memberships
- ☒ Naturopathic care and wellness supplements
- ☒ Massage therapy sessions
- ☒ Acupuncture treatments
- ☒ Non-medical IV services